



GI WASHING TIPS

We've collected some tried-and-true laundry tips for keeping your white gi looking clean and smelling fresh:

- Wash your gi after every class.
- *Recommended general washing instructions:* Wash in cold water and air dry. Please note that washing in hot water or using the dryer may shrink your gi.
- Add white vinegar or baking soda to your wash cycle.
- Dry your gis outside in the sun.
- Laundry products that some members have had success with: OxiClean, Rockin' Green Active Wear Laundry Detergent (available on Amazon), and OdoBan Disinfectant.
- Pretreat the lapel and armpit areas with a stain stick.
- A cap full of bleach can be added to the wash, but too much bleach has been known to weaken the fibers of gi jacket so be careful.
- Soak gis and no-gi clothing in OxiClean for 1-2 hours or as long as overnight and then wash as normal.